

## **Vaccinations – how to protect you and your family**

The MMR vaccine is safe and effective. Two doses of the vaccine protect you and the NHS offers it for free. Adults and children can be vaccinated at any age if they have not been fully vaccinated before.

Please attend MMR clinics with your children, or you can get a vaccine yourself if you have not previously had the vaccine. You cannot get the vaccine if you are pregnant.

Pop-up clinics will be held across Dudley borough this month to offer the MMR vaccine to anyone who has missed one or both doses.

**The measles, mumps and rubella clinics will be held at Mary Stevens Park on Saturday February 10 from 10am to 3pm and by the War Memorial, Lye on Tuesday February 13 from 9am to 2pm.**

**Clinics will also be held at Dudley Market Place on Friday February 16 from 9am to 2pm and at Somers Square, Halesowen on Saturday February 17 from 10am to 3pm.**

The clinics are available to anyone over the age of one who has missed their vaccination. Children and young people must be accompanied by a parent or legal guardian to receive the vaccine.

**People are advised to book an appointment by calling Vaccination UK on 01384 431712, but they can turn up on the day.**