

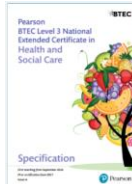


Preparing for BTEC National Extended Certificate in Health and Social Care

BTEC Level 3 National Extended Certificate Specification

At Shireland, we study Units 1, 2, 5 and 14 over the 2 year programme. Click the link to access the spec and see what you will study

[Link](#)



Development through the life stages Investigation

We all pass through the same life stages and at each stage, achieve different developmental milestones. Life stages include:

- 0-2 years- Infancy
- 3-8 years- Early Childhood
- 9-18 years- Adolescence
- 19-45 years- Early Adulthood
- 46-65 years- Middle Adulthood
- 65 years+ Later Adulthood

Create a timeline of the life stages adding in different types of development that occurs in each. Use information on the [hub site](#) and this [useful link](#) to complete this task

The structure of health care in the UK

Do you know who pays for the NHS? Do you know who makes all the decisions about services that are offered? Do you know how services are organised? Access the [link](#) and watch the video clip to find out

Professionals in health and social care

Do you know that there are over 350 health and social care related careers? The most obvious ones are doctors, nurses, dentists, pharmacists and midwives but what other jobs are available and what do these people do? Can you research and find some more unusual jobs that exist in the health and social care sector?

Command words

Find the command words used in exam questions and coursework tasks in Health and Social Care on page 114 of the specification above. Using [this table](#), apply these command words to your favourite chocolate bar or packet of crisps

If you are considering studying Health and Social Care next year then these are activities that you should seriously consider completing over the next few months to prepare yourself as this will be a brand new subject for you in terms of content and skills

The activities are divided into:

Essential - suggested as good preparation for the course.

Recommended - suggested to support the essential activities for the course

Optional - suggested to support wider learning around the subject; you are expected to do this independently at A level.

Documentaries to watch

Childhood obesity



Extreme A&E



Junior Doctor Diaries



Genetic Conditions



Have a go at this:

[Have you got what it takes?](#) Could you be successful in a health and social care career? Find out here by taking the quiz

[What do you know?](#) After completing all of the red tasks, take the quiz and see how much you have learnt.

Could you be a Doctor?

The role of a doctor involves investigating, diagnosing and treating a range of medical conditions. A patient has come to you with suspected **emphysema**. Can you research to find out:

- What is the definition of this disorder?
- What symptoms would this person show?
- What treatments would you suggest to this person?
- How likely are they to recover from this illness?

Websites like [NHS Direct](#) are good for looking at different kinds of illnesses, but you should aim to use 2 more websites in your research.

Listen to these:

[Pod cast- Can the NHS survive?](#)

[Pod cast- The History of the NHS](#)

Online Reading

[BBC News-](#) This is a great way to keep up to date with Health and Social care information in the UK

[The Department of Health-](#) This is the government body who oversees the running of Health and Social Services in the UK. Have a look at their research and reports here

[Health and Social Care values-](#) One of the underpinning principles of good care are the 6 C's. Can you summarise what each are and explain why they are important?

Have a go at an exam question

This is a typical example of what an exam questions would look like. Can you try and answer it?

Neil is 45 years old. He works full time as a bricklayer. He has just begun a part-time photography course at his local college.

Explain two positive effects of attending the course on Neil's intellectual development. (4 marks)

Don't forget, the quality of your written English is so important in exams and so make sure to check your spelling, punctuation and grammar!

TIPS for being successful in Health and Social Care

- Be organized! You MUST stay on top of your notes and keep them organized properly. This will help with your revision and completing coursework. You will also have coursework deadlines to meet and being organized with your time will help you meet these successfully.
- Revise from the start for the examination unit- don't leave it until the last minute! Health and Social Care lessons will constantly provide you with a wealth of new information. You need to be consistent in recapping this when not in lesson.
- You must be motivated to work independently. You will be expected to complete coursework outside of the classroom as well as research and read information for both coursework and examination units